

Somers Town Community Newsletter



in Somers Town

Fighting Food Waste Competition

Brought to you by the Climate Action Fund

Share how you're reducing food waste to be in with a chance of winning prizes for you and your estate.



For example, share:

A recipe that focuses on preventing food waste
(eg banana peel curry)

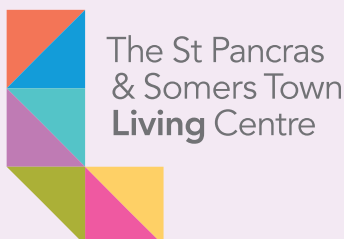


A food waste prevention tip
(eg freezing vegetable peelings to make stock)



A pledge
(eg I pledge to start making weekly meal plans)

Scan this QR code and visit the Reduce the Juice tile to find out more, including how to submit your entries.



SUMMER TRIPS

Funded by Somers Town Future Neighbourhoods 2030

MAYOR OF LONDON

SOMERS TOWN NEIGHBOURHOOD FORUM

Somers Town Community Association

Camden

Somers Town Future Neighbourhoods 2030

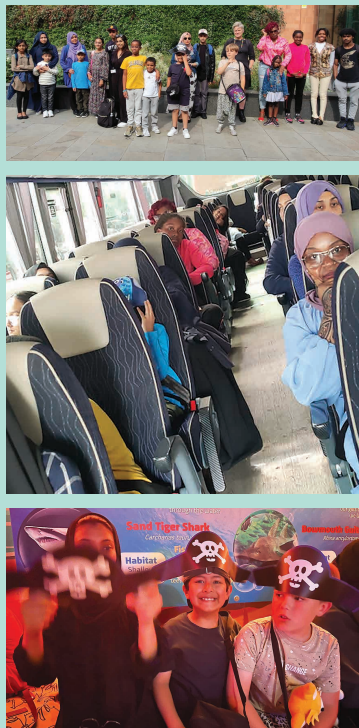
@ZSLWhipsnadeZoo



@Margate



@London Aquarium



@ The Living Centre Clothes Swap

Saturday 10th September 1-3pm

Bring your unwanted clothes and change your wardrobe for free. No maximum bring.

For information email ema@thelivingcentre.org

The St Pancras and Somers Town Living Centre
2 Ossulston Street, London NW1 1DF

We're delighted to receive funding from The National Lottery Community Fund for our Somers Town Climate Action Market, thanks to the National Lottery players, we will be able to bring people together, reduce waste and also reduce carbon emissions.



Make It Yourself (MIY) @ Make in The Story Garden

Thursdays 1-3pm
2 Ossulston Street NW1 1DF

Meet us every Thursday to learn how to use our sewing machines, then mend and repair your items. Workshops will be held throughout the year. Sewing, embroidery, screen printing and other skills to up-cycle your clothes.

Contact Ema in The Living Centre
ema@thelivingcentre.org

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Stay & Play Phonics

0-4 FREE

Tuesdays, 10-12pm
**Somers Town Living Centre
& Story Garden**
2 Ossulston Street, NW1 1DF

A warm and friendly group for you and your little ones to meet and make friends who understand life with little ones.

Parents, Grandparents, Carers are all welcome

- Toys
- Puzzles
- Books
- Ride-ons
- Dolls
- Cars
- Dressing-up
- Crafts
- Sing Along
- Baby Corner
- Snack time.

Healthy snacks for children

at the Chalton Street Market

Do you want an extra £60 a month?

The average UK family can save £60 a month by reducing their food waste

We'll be at the Chalton Street Market on these dates in 2022:

16th September
30th September
28th October
18th November
9th December

Collect your freebie, play games and enter our quizzes to be in with a chance of winning a prize

T&Cs apply

And find out how to enter our Somers Town Fighting Food Waste Competition

T&Cs apply

Come to our stand at the market to find out how to reduce food waste (or share your knowledge with us)

LOCAL NEWS AND INFORMATION

BAME women's programme – Autumn 2022

SEPTEMBER

Monday 12th

10.30am – 12.30pm
1st Coffee Morning after
Summer Holidays

Monday 19th

10.30am – 12.30pm
Coffee Morning with
Voice of the Community
1.30pm – 2.30pm
Fitness Class (TBC)

Monday 26th

10.30am – 12.30pm
Coffee Morning
Story Telling with S.O.A.S University
1.30pm – 2.30pm
Fitness Class (TBC)

OCTOBER

Monday 3rd

10.30am – 12.30pm
Coffee Morning
Making Carers Count
1.30pm – 2.30pm
Fitness Class (TBC)

Monday 10th

10.30am – 12.30pm
Workshop with MIND
in Camden
1.30pm – 2.30pm
Fitness Class (TBC)

Monday 17th

10.30am – 12.30pm
Black History 1st Event Day

Monday 24th

10.30am – 12.30pm
Story Telling with S.O.A.S University
1.30pm – 2.30pm
Fitness Class (TBC)

NOVEMBER

Monday 7th

10.30am – 12.30pm
Trip to the Aquarium
1.30pm – 2.30pm
Fitness Class (TBC)

Monday 14th

10.30am – 12.30pm
Making Carers Count
1.30pm – 2.30pm
Fitness Class (TBC)

Monday 21st

10.30am – 12.30pm
Coffee Morning
Women's Health Talk (NHS Camden)
1.30pm – 2.30pm
Fitness Class (TBC)

Monday 28th

10.30am – 3pm
Talk on Women's Health
1.30pm – 2.30pm
Fitness Class (TBC)



HOW TO FIND US

The St Pancras and Somers Town Living Centre
2 Ossulston Street, London NW1 1DF

Tel 020 7380 0453

email hello@thelivingcentre.org

www.thelivingcentre.org

The Living Centre is supported by the Francis Crick Institute

