

Somers Town Community Newsletter



- Make, swap and sell
- Think recycling
- Love second hand
- Save money, save the planet
- Reduce food waste
- Shop local
- Slow fashion
- Fairer future for Somers Town
- Climate Action Market



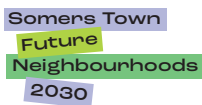
Free ECO gifts

We invite you to an information and sharing event at the Story Garden and the St Pancras and Somers Town Living Centre
Ossulston Street NW1 1DF
20th May 12pm to 3pm

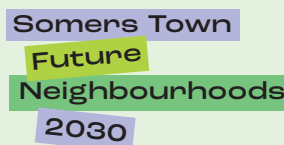
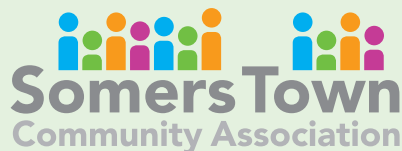
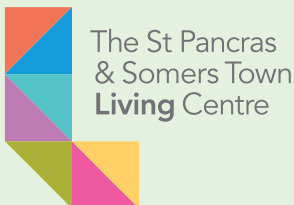
Come and share some food and say hello, outside in the fresh air in the beautiful Story Garden

Residents are encouraged to bring their plastic waste along to help create a community art work

Bring your junk mail, shred your bills and create recycled paper, very therapeutic !!!



We're delighted to receive funding from The National Lottery Community Fund for our Somers Town Climate Action Market, thanks to the National Lottery players, we will be able to bring people together, reduce waste and also reduce carbon emissions.



LOCAL NEWS AND INFORMATION

NEW YOUTH & COMMUNITY HUB LAUNCHING IN SEPTEMBER



**Somers Town
Community Association**
150 Ossulston Street
London NW1 1EE
Telephone 020 7380 0453
youth@somerstown.org.uk



BAME Women's Group Events

Wednesday 3rd May, 10.30am to 12.30pm
Wellbeing Session – Walk to Primrose Hill

Wednesday 10th May, 10.30am to 12.30pm
Coffee Morning at The Living Centre

Monday 15th May, 10.30am to 12.30pm
Coffee Morning at The Story Garden
Glass Painting Workshop

Wednesday 17th May, 10.30am to 12.30pm
Trial Clay Play (Sharing Plate) Session at the MAKE

Monday 22nd May, 10.30am to 12.30pm
Coffee Morning at The Living Centre
Talk on Mental Health and Isolation

Wednesday 24th May, 10.30am to 12.30pm
First Clay Play (Sharing Plate) Session at the MAKE

Monday 29th May, 10.30am to 12.30pm
Coffee Morning at The Living Centre
Breathing Exercise

Wednesday 31st May, 10.30am to 12.30pm
Second Clay Play (Sharing Plate) Session at the MAKE

For more information please contact
sonia@thelivingcentre.org

LOCAL NEWS AND INFORMATION

WE NEED YOU! VOLUNTEERS

THE ST PANCRAS & SOMERS TOWN LIVING CENTRE

2 OSSULSTON STREET
LONDON NW1 1DF
020 7380 0453

Organisations currently recruiting include

Urban Community Projects, Little Village, Doorstep Library, University College London Hospitals, Single Homeless Project, Global Generation, North London Cares, Somers Town Legal Corner, The British Museum, The British Library, Voluntary Action Camden & Islington, Bloomsbury Festival, Camden Mela, FN2030 Projects and many more...

Pop in for a chat or call to book an appointment with our Volunteer Coordinator, Ms. Kylie Rahman to find out more!

Email: kylie@thelivingcentre.org
Work mobile: 07483 312 211

SHARING SPACE EATS

শেয়ারিং স্পেস

Do you have an event
that needs catering?

Why not commission a
local Camden chef?

Our chefs supply tasty homemade
vegetarian meals using fresh ingredients

Starters/snacks

Samosa
Pakora
Paratha
Daal bora

Mains

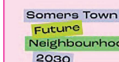
Vegetable Biryani
Lentil/ Veg Curries
Hot Soups
Stir fry
Rice and Curry

Sweet treats

Coconut bites
Pitha

Contact:

halima@thinkanddocamden.org.uk



Somers Town Future Neighbourhoods 2030

As part of Somers Town Future Neighbourhood programme, Somers Town Community Association, Camden Council and University of the Arts London are working with local organisations to deliver training that supports local people to develop fundable projects that benefit the community and the planet.

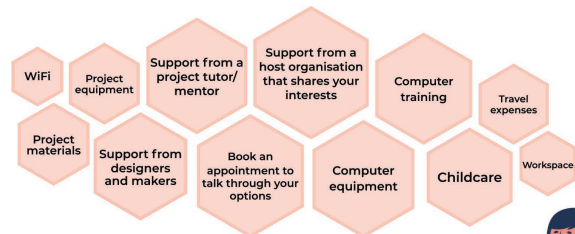
If you are over the age of 18 and living in Somers Town we invite you to join!

Everything you need, to ensure you can participate fully in the training will be provided, free of charge.

You will also receive rewards for providing feedback on the course during three of the workshop sessions.



The Design for Future Neighbourhoods course will support you with:



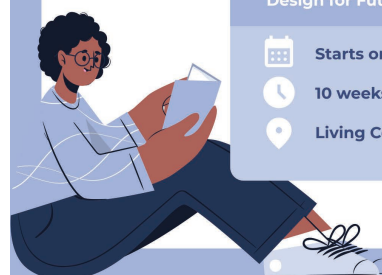
At the end of the course we will help you to:

- Apply for funding to deliver your proposal
- Submit for level 3 qualification, EPQ (equivalent to 1/2 an A level) that is useful for progression into education or employment

If you are interested in this opportunity and would like to find out more, contact ziaur@somerstown.org.uk or drop into The Living Centre and book an appointment to talk through your options.

Design for Future Neighbourhoods course

- Starts on 16th May
- 10 weeks, Tuesdays, 10 a.m to 2 p.m.
- Living Center / MAKE Space



in Somers Town

Announcing the December to February Somers Town Fighting Food Waste Competition winning entries

Find out more on the Common Place website here:



**December:
Ema**

'There are often leftovers at Christmas so prevent food waste by using up the leftover food. Re-use the turkey or chicken in a delicious boxing day curry, or chop and mix into mashed potato and turn into patties or use some of the leftover veggies in a frittata.'

**January:
Sarah**

'Make a list of recipe ideas for the meals that you want to cook for the week. Then make a list of food items that you essentially need for the week for these recipes and ensure you actually need them, *Check if you already have certain items at home before adding to your list*...'

Check the article on the Common Place for the whole entry.

**February:
Georgina**

'Leave the skins on your potatoes to improve fibre intake and less food waste from the peeling of potatoes. Plus less stress in the kitchen.'



LOCAL NEWS AND INFORMATION

Dates for your calendar

1st – 7th May

Sun Awareness Week 2023

1st – 7th May

National Gardening Week 2023

1st – 7th May

Deaf Awareness Week 2023

1st – 7th May

Children's Book Week 2023

1st – 31st May

Local and Community History Month 2023

1st – 31st May

National Walking Month 2023

1st – 31st May

Maternal Mental Health Month 2023

Thank you to all those that attended and supported the Somers Town Job Hub at our Day in the Life event on 26th April.



Somers Town
Job Hub
Goobta Shaqo কাজের হাব
Raadinta



London Fire Brigade

Met Police

NHS

Somers Town Legal Corner

British Library

Mayors Academy

Capital City College

Lift

London Met Uni

Camden Giving

London Zoo

ISG

KX Construction

The Crick

Good Work Camden

Camden Apprenticeships

Rinova

Camden Welfare (Benefits Advice)

Regents Place (CIS Security)

Veolia

Venture Helpers

Spears Islington

STFN2030 (Aaliya)

HOW TO FIND US

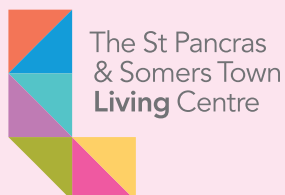
The St Pancras and Somers Town Living Centre
2 Ossulston Street, London NW1 1DF

Tel 020 7380 0453

email hello@thelivingcentre.org

www.thelivingcentre.org

The Living Centre is supported by the Francis Crick Institute



The St Pancras & Somers Town Living Centre

